

ABILITY LEVEL CHARTS

Whether you're looking to learn the basics or aspire to master expert terrain our Snowsports School offers lessons for all skill levels.

You will be asked for your ability level when registering for a lesson.

SNOWBOARDING ABILITY CHART

LEVEL	ABILITY	LESSON OUTLINE
NEVER EVER		
1	I have not yet ridden a chair lift. It might be my first day snowboarding at a resort.	The focus will be on learning how to use your equipment, how to get around on flat terrain and also how to sideslip and "falling leaf" so that you can start to negotiate GREEN terrain.
BEGINNER		
2	I am able to perform toe-side and heel-side falling leaf.	We will focus on both heel and toe side single turns and how to gain confidence navigating on green terrain.
3	I am able to make a basic toe-side and heel-side turn but not yet linking the two.	The focus will be on helping you link your single turns so that you can progress toward making fluid turns down GREEN slopes.
ADVANCED BEGINNER		
4	I am confidently linking turns down most Green runs.	In this level you will learn to refine your turns so that you can start to attack steeper GREEN and easy BLUE runs. You will also start to ride easy terrain "switch" and learn entry level freestyle skills.
5	I am able to ride blue runs, starting to ride switch and experimenting with freestyle.	Focus on varied terrain and building skills to ride the whole mountain. You will also expand your freestyle skills.
INTERMEDIATE		
6	I am confidently riding on all blue runs. Able to ride black groomed runs. Starting to ride boxes & off-piste.	Focus will be on strengthening your riding to the point of riding all BLUE and BLACK runs with ease. You will start to learn off-piste/powder techniques. We will continue to work on switch riding.
ADVANCED		
7	I am confidently carving all groomed runs. Riding powder, trees and steep off-piste with ease. I am comfortable riding in the terrain park.	Your coach will improve your riding on all BLACK slopes, steep off-piste runs and trees. You will also continue to develop your freestyle skills.
EXPERT (Private lesson recommended)		
8	Rides all terrain confidently both regularly and switch. Able to perform advanced freestyle maneuvers.	This level is all about refining your skills. Whether you want to work on powder, steeps, park, carving, freestyle or you just want to be guided around the mountain, your coach will be there to help!

SKIING ABILITY CHART

LEVEL	ABILITY	LESSON OUTLINE
NEVER EVER		
1	I am unable to stop without help. This may be my first time skiing at a resort.	This level focuses on learning about your equipment and how to be safe in the mountain environment. We will learn the skills that will help us stop, glide on our equipment and begin to learn how to change direction.
BEGINNER		
2	I have skied before at some point and can stop in a wedge. I am able to glide and am working on steering my skis. I may not have ridden the chair lift yet.	The focus is on improving your ability to steer your skis and control your speed through turn shape.
3	I am able to link wedge turns on a beginner slope.	We will begin to work on getting into parallel and work on gaining confidence while exploring more of the mountain.
ADVANCED BEGINNER		
4	I am almost parallel on green runs. Skis are still in a wedge some of the time.	We will refine your turns so that your skis remain parallel at all times. This instills confidence to take your skiing to steeper GREEN terrain and easy BLUE slopes.
5	I am completely parallel with no wedge on all green runs, almost parallel during turns on blue runs.	In this level, your instructor will focus on skills necessary for controlling your speed on steeper terrain. You may also be introduced to groomed BLACK slopes.
INTERMEDIATE		
6	I am completely parallel on all blue runs, almost parallel on black runs. Starting to ski off-piste and experimenting with freestyle.	The focus will be on speed control and feeling confident on steeper BLUE runs, BLACK runs and off-piste terrain. This level will also improve your freestyle skills if this is your goal.
ADVANCED		
7	I am confidently skiing parallel on groomed black runs. Working on short parallel turns in the bumps, trees and powder. Continuing to work on freestyle.	Your coach will focus on improving the efficiency of your skiing. You will explore different tactics and movement patterns in the moguls and powder. This level will also improve your freestyle skills if this is your goal.
EXPERT (Private lesson recommended)		
8	I ski all terrain confidently. Comfortable with freestyle, carving, skiing mogul lines, and in trees and powder.	This level is about refining your technique to improve efficiency, performance and understanding in all turn types, on all terrain. What you improve in this level really depends on your objectives, whether it be powder, steeps, moguls, terrain park, carving, freestyle or you just wanted to be guided around the mountain.